

Regional & Youth Forum, 2024

South Asia Region

7-9 November | Colombo, Sri Lanka

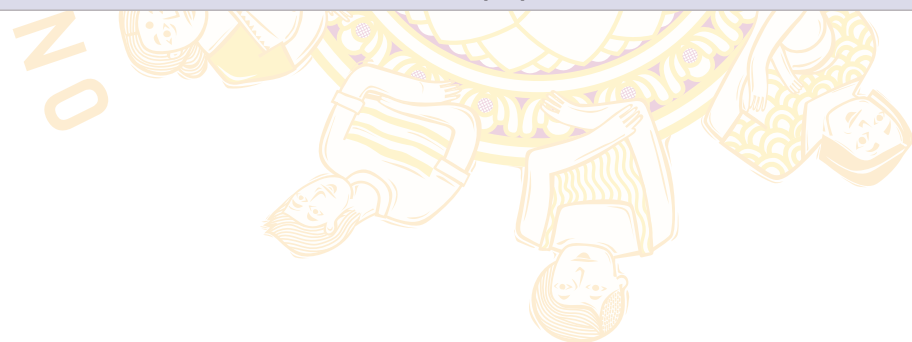


DAY ONE! HERE WE GO!

Time	Topic	Methodology	Speaker
08:30 am - 09:00 am	Registration		
09:00 am - 09:30 am	Welcome and introductions! Zuleikha & Swornima		
09:30 am - 09:45 am	Inaugural	Tomoko Fukuda, Interim Regional Director-SARO, IPPF, President, FPASL	
09:45 am - 10:15 am	Voices of Change: SARYN's Impact and Future Directions	This session will highlight SARYN's transformative journey in advancing SRHR for young people in South Asia. It will showcase the milestones achieved over the past year while examining the lessons learned and the strategic aspirations that will guide future endeavors.	Facilitators - <ol style="list-style-type: none"> 1. Surakshya Giri (FPAN) 2. Yeshey Dema (RENEW) 3. Fatana Kamal Wardak (AFGA)
10:15 am - 11:00 am	Investing in Youth: Shaping the Future Together	<p>Discussions will be focussed on the minimum 5% youth budget allocation of MAs and related activities.</p> <p>The session will be conducted in an interactive group discussion manner, where all MAs will share their youth-led work by utilizing the 5% budget from IPPF core funding. Each MA will present from their own tables to the larger group, it will be helpful for fostering cross-learning opportunities.</p>	All SARO MAs, EDs Facilitator: Sabik & Aishathe Enas
11:00 am - 11:30 am	TEA BREAK		

11.30 pm - 12.30 pm	Voices for Change: Importance of Youth-Led Advocacy for SRHR & Climate Crisis	<p>This session aims to explore the intersection between Sexual and Reproductive Health and Rights (SRHR) and the climate crisis.</p> <p>To understand the importance of youth-led advocacy in driving sustainable change in SRHR and climate crisis.</p> <p>To Engage participants in a fun and dynamic way to foster creativity, collaboration, and practical application of advocacy strategies related to Sexual and Reproductive Health and Rights (SRHR) and the Climate Crisis.</p> <p>Presentation and group activity to develop Advocacy Pitch</p>	<p>Presentation: PSTC and Bandhu</p> <p>Group Work and Facilitation: Geilee, Mahalakshmi, Faiza and Sabik</p>
12:30 pm - 01:30 pm	LUNCH (Marketplace visit)		
01:30 pm - 02:30 pm	Talk Show on Youth Engagement in Structure & Leadership	<p>The session will utilize a participatory approach, combining panel discussions with interactive Q&A segments. Speakers will share insights based on their experiences in engaging youth within their organizations, followed by an open floor for audience questions. This methodology aims to foster dialogue, promote best practices, and encourage collaborative solutions to enhance youth leadership in SRHR advocacy across South Asia.</p>	<p>Speakers & Topics:</p> <p>Akriti Parmar & Ratnamala – Ensuring Youth Voices in Governance Structures & Youth-Led SRHR Advocacy</p> <p>Geilee & Aruni (FPASL) – Building Youth Capacity and Fostering Leadership</p> <p>Yeshey Dema, Dr. Meenakshi (RENEW) – Innovative Youth Engagement and Leadership Opportunities in SRHR</p> <p>Session Facilitators:</p> <p>Moderator: Lady Lisondra</p> <p>Co-Facilitator: Sneha (FPAN)</p>
02:30 pm - 03:45 pm	Digital Approaches to CSE - Navigating a New Era	<p>In today's rapidly evolving digital world, it's crucial to rethink how we deliver Comprehensive Sexuality Education (CSE) to young people. This session will explore innovative digital tools and strategies that empower youth, ensuring they have access to relevant, inclusive, and engaging sexuality education.</p> <p>Building on the impactful work of organizations like FPA Sri Lanka and SHE Maldives in promoting youth-centered CSE, we aim to leverage technology to bridge gaps in access and create a more connected, informed generation.</p>	<p>Panelists:</p> <ol style="list-style-type: none"> 1. Dr Nuzrath Nassoordeen, FPA Sri Lanka 2. Ms Malaha Abdul Rasheed, SHE Maldives 3. Dr Prabin Shakya, FPA Nepal <p>Facilitators:</p> <ol style="list-style-type: none"> 1. Swornima Shrestha 2. Kritanjali Ratnasabapathy
03:45 pm – 04:00 pm	TEA BREAK & ICE BREAKER		

04:00 pm – 04.45 pm	Safeguarding: Enhancing Safeguarding actions for IPPF partners (Member Associations and Collaboratives partners)	<p>This session aims to enhance the understanding of the IPPF safeguarding framework across the region, ensuring that all IPPF partners are equipped to create safe environments for SRHR service provision.</p> <p>The safeguarding session will cover Understanding Safeguarding, the IPPF safeguarding framework, and Feedback on community members’ use of the IPPF Safe Report. The session will have a presentation, Safeguarding discussion, Q&A and later followed by individual consultations from MA/CP.</p>	Samweli Msengi , Safeguarding & Incident Management Adviser, IPPF
04:45 pm - 05:30 pm	MA posters on achievements and innovations + Marketplace visit	<p>MAs will prepare posters based on the guidelines shared</p> <p><i>Split the whole group into two and 4 MAs present in one slot (20 mins for each group)</i></p>	<p>Celebrating achievements!</p> <p>Facilitator: Faisal, Purnima</p>
04:00 PM – 05:30 PM	<p>Parallel Session (For Youth):</p> <p>Focus Group Discussion on Gender Inclusion Policy</p>	<p>This session will focus on examining the existing Gender Inclusion Policy framework, identifying challenges, and exploring areas for improvement. Youth participants, representing Member Associations (MAs), will actively engage in a collaborative process. The session will begin with a 30-minute presentation and discussion on the current policy, followed by a focused group discussion aimed at shaping a more inclusive policy.</p>	<p>Facilitator: Widhya (Consultant)</p> <p>Supported by: Sonal Giani, Senior Technical Advisor, Gender & Inclusion , Silvester Merchant, Community Engagement and Partnerships Lead</p>
Wrap up!			



DAY TWO: SHARING AND CELEBRATING!

Time	Topic	Methodology	Speaker
08:30 am - 11:00 am	Learning from FPASL! Reflecting on innovations and program interventions! Brief orientation meeting with FPASL team followed by a visit to the clinic (at HQ) + SMP Unit		
11:00 am - 12:30 pm	IPPF Identity Initiative – 2024 Regional Consultation	Presentation on Identity Initiative project progress, share of findings, and discussion on global landscapes. Explore future trends and implications for the Charter of Values and Global Rebrand This will be followed by a group discussion in breakout sessions (one for youth and one for MAs) and feedback on the drafts of the Charter and Brand positioning.	Yemurai Nyoni, Consultant (Co-Lead) – Charter
12:30 pm - 01:30 pm	LUNCH and ICE BREAKER		
01:30 pm - 03:00 pm	Pushing Boundaries: The Path to Safe Abortion Care and Rights in South Asia	Strengthen and working together for safe abortion services for all in South Asia: Advocating for change. <ul style="list-style-type: none"> Refresh MAs on IPPF values on abortion and expectations as MAs e.g. accreditation, IPES+, abortion in the MISP etc. Highlight similarities and differences in abortion laws and policies across the region, opportunities this can present for expanding abortion care, including the harm reduction model. Explore strategies for dealing with opposition – internal and external (facilitated conversation discussion with FPAI and PSTC) Orientation on the harm reduction model Mini VCAT session	Speakers and Facilitator 1. Dr. Kalpana Apte, FPA India 2. Dr. Noor Mohammad, PSTC Bangladesh 3. Ms. Melissa Cockroft -IPPF

03:00 pm – 3:45 pm	Resisting Opposition: Building Strong Narratives in the Global South	This session will explore the rise of opposition movements in South Asia, their impact on marginalized communities, and how local grassroots insights contribute to understanding global opposition trends. It will also examine IPPF's response strategies and identify opportunities for actionable change.	<p>Speakers & Topics:</p> <p>Chris (BANDHU) extremist groups and LGBT in Bangladesh changing the socio-political scene.</p> <p>Soudeh - SPECTRUM new ways of responding to opposition</p> <p>Dr Seema - Abortion & CSE Navigating opposition in Afghanistan learnings from AFGA.</p> <p>Valeria (Global Lead Opposition and Narratives) - speak on global opposition and what IPPF is doing on the same.</p> <p>Facilitator: Silvester Merchant (Sylvie)</p>
03:45 pm - 04:00 pm TEA BREAK & ICE BREAKER			
04:00 pm - 05:00 pm	Navigating Challenges: MA experiences in community-managed/led Inclusive Service Provision	The session will highlight inclusive (LGBTQIA+) healthcare experiences from programs across India, Sri Lanka, and Nepal. It will feature a fireside MA-to-MA Q&A on overcoming barriers in SOGIESC service provision, focusing on themes like outreach, enabling environments, service relevance, and sustainability.	<p>Speakers & Topics:</p> <p>Dr Kalpana Apte (Director General FPAI) - speaks about How FPAI's LBT Clinics Address the Needs of Underrepresented Groups</p> <p>Dr. Prabin Shakya (Executive Director FPAN) – Learnings from Nepal's first Trans clinic</p> <p>Dr Ruchitha Perera (Executive Director FPASL) – Inclusive health care, best Practices from Sri Lanka: Driving Inclusive Health Programs and Advocacy for Change</p> <p>Dr Arpita Das (Senior Technical Adviser, IPPF South Asia Region) - Reflecting on the data of reaching out to marginalized communities (as per new RF)</p> <p>Facilitator: Shale Ahmed (Executive Director Bandhu Social Welfare Society)</p>
05:00 pm - 05:45 pm	Advocacy in Inter-governmental spaces: UN Processes	Taking learnings from South Asia to the world!	Estelle Wagner, Senior International Advocacy Advisor, IPPF
Wrap-up!			
DINNER AND FUN EVENING, HOSTED BY TEAM FPASL!			

DAY THREE: MOVING ON!

Time	Topic	Methodology	Speaker
09:00 am - 09:15 am	Reflections and learnings!		
09:15 am - 11:30 pm (including 15 min tea-break)	Gender Inclusion Policy MA FGD Q&A	This session will focus on examining the existing Gender Inclusion Policy framework, identifying challenges, and exploring areas for improvement. Youth participants, representing Member Associations (MAs), will actively engage in a collaborative process. The session will begin with a 30-minute presentation and discussion on the current policy, followed by a discussion aimed at shaping a more inclusive policy.	Widhya (Consultant)
11:30 am - 12:30 pm	SGBV (panel discussion and Gottobreakfree campaign)	Panel discussions and experience sharing on country-specific strategies to combat SGBV. MAs talk about the present innovations in legal frameworks and service delivery models, and how they are using innovative methods such as a combination of wall stickers and champion storytelling. Video messages from champions on the Gottobreakfree campaign	Panel discussion: RENEW, AFGA, SHE Maldives, Spectrum
12:30 pm - 01:30 pm	LUNCH & Market place visit		
01:30 pm - 02:30 pm	Leveraging Social Enterprises: Enhancing SRHR Impact with Financial Sustainability	<p>This session will highlight the strategic importance of social enterprises (SEs) for SARO and guide MAs on leveraging the SE Hub's expertise to enhance their SRHR impact while ensuring financial sustainability.</p> <p>It will begin with a brief overview of IPPF's strategy on financial sustainability, followed by an in-depth segment on the SE Hub, its resources, and potential opportunities for SARO MAs. The session will be interactive, featuring structured questions to map the competencies of SARO MAs.</p>	<p>Speakers:</p> <ul style="list-style-type: none"> • Rishikeshan Thiyagaraja, Assistant Director, IPPF Social Enterprise Hub • Manjula Chaturanga, Technical Advisor, IPPF Social Enterprise Hub • Dr. Meenakshi Rai, Program Director Renew Bhutan <p>Chair:</p> <ul style="list-style-type: none"> • Manuelle Hurwitz, Director, Development & Impact Division, IPPF

	Parallel Session (For Youths): Wellness Grid: Connecting Mental and Sexual Health	This session will explore the interconnectedness between mental and sexual health, focusing on how issues in one area can impact the other. Participants will engage in discussions aimed at identifying gaps in current healthcare systems and promoting an integrated approach to education and services. The session aims to empower youth leaders to advocate for comprehensive policies and practices that holistically address both mental and sexual health needs, paving the way for more inclusive and effective healthcare solutions.	Facilitator: Sonal Giani, Senior Technical Advisor, Gender & Inclusion , Silvester Merchant, Community Engagement and Partnerships Lead
02:30 pm - 03:30 pm	Integrating SRH and Climate Resilience: Humanitarian Programming for a Sustainable Future	This session will explore key aspects of humanitarian programming, focusing on feminist principles, environmental footprints, and the 2025 deliverables that guide our work. We will delve into the critical intersection of climate change and sexual and reproductive health (SRH), discussing why addressing SRH in the context of climate change is essential for building resilient communities. The session will also feature experiences from MAs working at the frontline of crises.	Speakers: <ul style="list-style-type: none"> • Dr Kalpana Apte, Director General, FPA India • Dr Prabin Shakya, Executive Director, FPAN • Mr Najibullah Samim, Chief Executive Officer, AFGA Chair: <ul style="list-style-type: none"> • Diana Pulido Martínez, Global Technical Lead, Humanitarian – Humanitarian, IPPF
03:30 pm - 03:45 pm	TEA BREAK		
03:45 pm - 04:30 pm	Updates on 'Secretariat Accountability Mechanism' and other upcoming IPPF events	The forum will conclude with a presentation on SAM Report findings and action plans.	Manuelle Hurwitz - Director, Development & Impact Division, IPPF: Sharing and reflecting from SAM outcomes Tomoko Fukuda , Interim Regional Director-SARO, IPPF
04:30 pm - 05.00 pm	Wrap-up and final remarks.	Reflections on next steps and strategies for enhancing SRH services and youth engagement across the region.	Reflection by All
Wrap up!			

